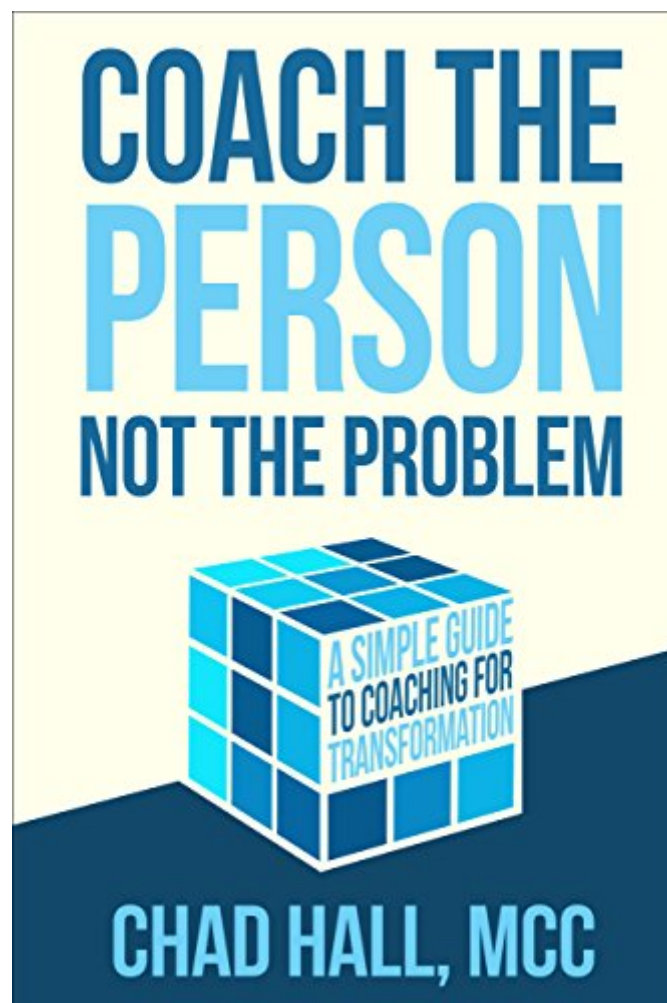




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# Coach The Person Not The Problem: A Simple Guide To Coaching For Transformation



## Synopsis

What separates a beginner coach from a coach who invites client transformation? It's all about where the coach focuses: on the client's problem or on the client as a person. In this short eBook, master coach and trainer Chad Hall walks you through three levels of coaching: beginner, better and transformational. For each level, he provides a sense of where the coach focuses, the types of question the coach asks and what kind of results you can expect. He also offers guidance on two elements essential to coaching for transformation: how to add creativity to your coaching and what to do when the client expresses emotion.

## Book Information

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## Customer Reviews

I've not been trained to be a coach and I've not studied too much on being a coach, however these days leaders need to be coaches which is why I picked up this book whilst browsing on . Having read it I guess its pretty obvious, but being a consultant I also guess thats why I didn't see the obvious!! I'm always trying to solve the problem, thats what consultant do. I guess its coaching I'm looking at the wrong problem, the problem or rather the challenge to overcome is the person, who in turn has the problem to solve. Anyway a great read and wants me want to learn even more about

coaching.

A good concise ebook that provides much clarification on what it means to coach the person and not the problem. It is especially helpful if you are trying to help your clients move from simply solving problems to transforming their lives. As Chad Hall states: "When you coach at this level you are sensitive to the fact that sometimes the goal of coaching isn't just to solve a problem but to help the client grow, develop, and even transform." This idea of transformational coaching is especially relevant for those involved in faith coaching. In that regard I also recommend Chad's book *Faith Coaching: A Conversational Approach to Helping Others Move Forward in Faith* as a further exploration of this topic.

"Coach the Person Not the Problem" covers the basics. But more often than not, you need the basics to be explained by someone with an external perspective. That's what the coaching is all about, isn't it? Before reading "Coach the Person..." I didn't have this clear distinction between a few different approaches to coaching. I used and mingled them all, depending on the situation and on the client's initiative. Basic or not, I will now use Chad's teachings in my coaching practice. I'm all about empowering my clients and coaching the person, not a problem, is the fastest way to achieve this objective.

First, I'm not a professional coach, however I have graduated from a life coaching school attended other coaching seminars. I'm a pastor and entrepreneur and use coaching techniques in both. I believe in this process of coaching people for transformation. I enjoy how he addresses the different levels and styles of coaching and how they relate to coaching the person and not the problem. This is a short read and a quick lesson and/or reminder of that process and its fruition.

Chad Hall is one of the foremost thinkers about Christian coaching in the world. For me, he is the "go to guy" when it comes to cutting edge thinking about coaching. In this short book, Chad unveils what will become the new mantra for coaching -- Coach the Person not the Problem. In this very readable book, he shows the problems associated with coaching the problem directly, then reframes the scenario as it should play out with the coach coaching the person, as the person solves the problem. He also tackles using creativity in coaching, and also coaching through emotions. This is a must buy book for coaches at all levels.

Great read. I chose this rating because it taught me some things I didn't know as far as coaching the person and not the emotions. Emotions is a result of what lies deep within. Nothing I didn't like about the book. It was short and sweet. Hopefully other beginners would see that the goal is to transform the client. Knowing when a client needs coaching vs being counseled was something I heard before but it was good to see it again.

Chad's writing style is excellent and great for teachable folks who love feasting on the secret sauces of coaching. Great nuggets and very helpful read for folks, particular new coaches who sometimes still teeter-totter into slipping into the "problem" focus at times, getting eyes off person. This is a phenomenal resource and I appreciate it in my coaching journey! Thanks Chad, for this contribution to help us coaches to help others flourish to their max.----Leslie P.

This is a clear, well written, very brief book with important tips for advanced coaches and advanced coaching. Coaches who are starting out, may feel a bit lost, as the author points out himself, since he assumes a certain level of skill and experience. Additional examples would be valuable especially on creativity and emotions (the last two points in the book). Compliments to the author for sharing his expertise in a concise and accessible manner.

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